



Institute for
Advanced Learning
& Metacognition

INSTITUTE FOR ADVANCED LEARNING AND METACOGNITION

Advancing the Science of Learning

Environmental and Sustainability Policy

Policy and Commitments

Version 1.0 • Status: Adopted

Date: 24th June 2026

Registered charity number: 1189445

Approved by the Board of Trustees on 16th June 2026

Document Control

Version	Date	Author	Description	Review date
0.1	15/06/26		Initial draft for review by the Trustees	—
1.0	16/06/26	Board of Trustees	Adopted by the Board of Trustees	16/06/26

Approval and Review

Approved by	Role	Date	Signature
Fabian Lord	Chair of the Board of Trustees	24 th June 2026	

Contents

1. Purpose.....	3
2. Scope	3
3. Our commitments.....	3
3.1 Digital-first operations	3
3.2 Travel and meetings.....	3
3.3 Procurement and suppliers	3
3.4 Waste and resources	4
3.5 Events.....	4
3.6 Awareness and influence.....	4
4. Responsibilities	4
5. Monitoring and review.....	4

1. Purpose

The Institute for Advanced Learning and Metacognition (IALM) recognises that all organisations, whatever their size, have a responsibility to act sustainably and to minimise their impact on the environment. This policy sets out our commitment to environmentally responsible practice and the actions we will take to support it.

As a young organisation that operates largely digitally and does not yet occupy its own premises, our direct environmental footprint is modest. This policy therefore focuses on the areas where we can make a genuine difference, and is written to grow with us.

2. Scope

This policy applies to all trustees, employees, volunteers and contractors acting on behalf of IALM, and to the way the Institute organises its activities, events and operations.

3. Our commitments

3.1 Digital-first operations

- operate digitally by default, keeping printing to a minimum and favouring electronic communication and document sharing;
- choose energy-efficient equipment and settings, and dispose of electrical and electronic equipment responsibly in line with the Waste Electrical and Electronic Equipment (WEEE) Regulations; and
- where we use cloud, hosting or office services, prefer providers with credible environmental commitments.

3.2 Travel and meetings

- hold meetings and deliver activities online or in hybrid form by default, travelling only where it adds clear value;
- where travel is necessary, favour public transport, combine trips, and choose lower-carbon options; and
- be mindful of the environmental impact of any international travel, undertaking it only where there is a clear and compelling purpose.

3.3 Procurement and suppliers

- favour suppliers and partners who demonstrate sustainable and ethical practice, including local suppliers where practical;
- choose reusable, recycled or sustainably sourced products where a reasonable option exists; and
- take environmental considerations into account when selecting goods and services.

3.4 Waste and resources

- reduce, reuse and recycle wherever possible, and minimise the use of single-use plastics;
- avoid unnecessary physical marketing materials in favour of digital alternatives; and
- dispose of any waste responsibly and in accordance with the law.

3.5 Events

- choose venues and delivery partners with good environmental practice;
- minimise waste and avoid unnecessary printed materials at events; and
- where catering is provided, encourage sustainable, plant-based and low-carbon options.

3.6 Awareness and influence

As an educational institute, our greatest contribution may be through influence and example. We will encourage environmentally responsible behaviour among our people, members and partners, and consider environmental sustainability in the way we design and deliver our work.

4. Responsibilities

The Board of Trustees holds overall responsibility for this policy and for ensuring it is implemented proportionately. Everyone connected with the Institute has a responsibility to act mindfully of the environment, and to support the commitments set out above, in their work for IALM.

5. Monitoring and review

This policy will be reviewed by the Board of Trustees at least annually. As the Institute grows, we will develop more specific and measurable commitments — which may, in time, include monitoring and reporting our environmental impact — and will keep this policy under active review so that our ambition grows with our capacity.